

Info Pack

Youth Exchange:

**G.R.E.E.N. - Generation for Rural Environments
and Ecological Needs**

POLAND, Czarnów
27.07 - 5.08 2026

**Join a group of unique young people to embark
on a journey through the world of ecology and
discover how rural heritage and simple living can
become the foundation for a green future!**

About the project

The project “G.R.E.E.N.” is a **youth exchange** financed by the **European Commission** through the **Erasmus+ programme**. The main goal is to meet, discuss, explore with 30 young people the topics of ecology, specifically rural ecology, get inspired to adopt a greener lifestyle more deeply connected to nature and traditional wisdom.

Our Green Mission (aka Our Goals):

- ✓ **Level up your eco-knowledge!** Let's dive deep into what it really means to live sustainably in the countryside using fun, non-formal learning.
- ✓ **Get your hands dirty!** We're going to master practical skills like upcycling, composting, and building a real-life Rural Garden from scratch.
- ✓ **Become a green changemaker!** Find the spark to lead a greener life, get involved in rural communities, and bring that ancient village wisdom back to your own world.

Want to come? Please contact the sending organization in your country 😊



**Co-funded by
the European Union**

Project: G.R.E.E.N. – Generation for Rural Environments
and Ecological Needs; **Leader:** Fundacja 108 (PL)
Partners: Over the sea (IT), Orenda Foundation (BG),
Asociatia Today Social Skills (RO), Hatay Egitim ve Genclik Dernegi (TR)
More info: www.108.org.pl

Learn from facilitators who actually live the values they teach, test out cool workshop methods, and help us build a real communal garden. All this while living the mountain life in Czarnów!

Place and time

The exchange happens in **Czarnów, Poland**, from **July 27th to August 5th, 2026** (8 great days of action + 2 travel days)

30 participants from **Poland, Romania, Bulgaria, Italy, and Turkey** will team up to create innovative rural solutions (**GREENovation**), make upcycled souvenirs, and learn the secrets of permaculture.

Place

We'll be taking over a cosy mountain retreat in the heart of Czarnów! It's one big community vibe spread across two beautiful buildings:

Shambhala - <https://www.booking.com/hotel/pl/shambhala.pl.html>

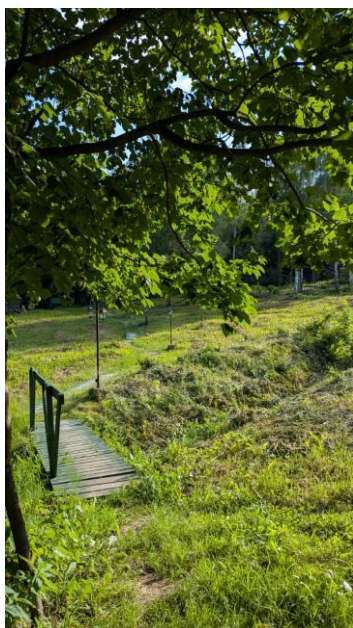
and

Kolory Cisy - <https://www.booking.com/hotel/pl/kolory-ciszy.pl.html>



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Rooms are usually for **2-3 people**. We have **awesome workshop spaces** and plenty of outdoor room to breathe. Expect meals made from **local and seasonal products**, with a huge focus on delicious **plant-based options** to keep our carbon footprint tiny. We will have access to a **bonfire space**, a wood stove heated **sauna** and an outdoor creek to cool down after a session (for the bravest ones). Mountains, meadows, nature & peace.



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Czarnów...

Discover Czarnów, our home base for the G.R.E.E.N. project! Tucked away in the breathtaking **Rudawy Janowickie** mountains near Kamienna Góra, this peaceful mountain village actually hides an incredibly wild and dynamic history beneath its soil.

Before it became a paradise for eco-tourism, Czarnów (historically known as *Rothenzechau*) was a bustling, high-tech mining hub for centuries. Mining for copper, arsenic, and gold started here all the way back in the Middle Ages. By the 19th century, the village experienced a massive industrial boom with the opening of the "Evelinensglück" mine, extracting massive amounts of gold and copper ores. In the early 20th century, Czarnów was so advanced that it featured a massive cableway transport system moving extracted ores over the mountains directly to the nearby train station!

Mining operations finally cooled down and closed completely by the 1950s, allowing nature to entirely reclaim the land. Today, Czarnów has completely transformed into a legendary hotspot for organic farming and eco-agriculture, with a diverse and unique community. Surrounded by lush, protected forests and sitting right under **Skalnik** (the highest peak of the Rudawy Janowickie range), it is the perfect living playground for our project.

Pack your hiking shoes—you are about to live in a place where history, industrial heritage, diverse community cultures and modern ecological lifestyles meet!

Google maps: <https://maps.app.goo.gl/BKYUDopRkxJMRPXR6>



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Participants

Who are we looking for?

We're hosting groups of 6 (5 participants + 1 leader) from each country.

- **Age:** 18-25 years old (leaders can be over 30 – no limit).
- **Vibe:** You're curious about ecology, love nature, and want to make a difference. Whether you're from a big city or a small village, you're welcome!.
- **Inclusion:** We especially want to support those who face extra challenges (economic, social, etc.) – half of our spots are reserved just for you!.

Working language: English (don't worry, we're all learning together!).

Why you should join:

- Be inspired by an incredible group of people and share your own stories.
- Learn how to tell real eco-action from sneaky **greenwashing**.
- Feel the power of actually building a **Rural Garden** for local people.
- Boost your confidence in English while making friends for life



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Travel

Details on the travel may change based on the time and number of participants on arrival. The exchange will take place in Czarnów, Poland. The closest airport is **Wrocław (WRO)**. From there the best train station to reach is Sędziszów, from where local transport to the village will be provided.

This is the way...

The training course will take place in Czarnów - about 100 km away from the nearest airport (Wrocław). The best way to reach Czarnów:

1. You should arrive on the **27th of July** to **Wrocław Airport (WRO) in Poland** (<http://airport.wroclaw.pl/en/>)
2. From there take a **bus** to the **main railway station** (Wrocław Główny) 30-40 minutes (how to get there: <http://airport.wroclaw.pl/en/passager/getting-here/by-bus/>)
3. Take a **train** to **Sędziszów** which takes about 1,5 hour (approx. 30,00 zł/per person) Check the schedule here: <http://rozkład-pkp.pl/en> type from: Wrocław Główny, to: Sędziszów.

We will share the details on how to reach the final venue to the participants once we know your exact time of arrival to Wrocław airport. We might organise other options or pickups from Wrocław but we will be communicating that with your group leaders.

Alternative:

If you don't have the possibility to fly to Wrocław (WRO) than probably you will have to fly to Warsaw. There are 2 airports in Warsaw: the big airport: Chopin airport or Okęcie (WAW) <https://www.lotnisko-chopina.pl/en/index.html> and small one: Warsaw Modlin (WMI) <http://en.modlinairport.pl/>.

From each of these You will have to travel to Wrocław (either by plane, train <http://rozkład-pkp.pl/en> or bus <https://www.flixbus.pl/>). From Wrocław you take a train to Sędziszów as explained above.

If any other airport in Poland (or Prague, or Berlin) is better for You then it also fine – we will help you to reach the training venue :).

We will be in contact with the participants / group leaders to assist in the travel.

What to bring

We kindly ask you to bring:

- Map, posters, photos, postcards about your country/region/town to be displayed during the International Evening
- European Health Insurance Card (confirming that you are insured)
- Comfortable clothes for the sessions



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- Sturdy hiking shoes and work clothes for garden building.
- Warm layers (mountain nights can get chilly even in July!)
- Your own reusable water bottle

Costs and travel reimbursement

All **cost regarding accommodation, food and other materials** during the project **are covered by the Erasmus+ Programme**. If you like you can take some additional money for your personal expenses. As we will be in a quite remote place (the village has 70 inhabitants), the closest shop is... approximately 30 minutes away by walk :).

Travel costs will be reimbursed based on documents confirming the travel (boarding passes, tickets, invoices etc.). After receiving the documentation from participants, the partner organisations in each country will receive the money and transfer them directly to the participants. The reimbursement process can take 1 week or 1-2 months after the mobility - depending on how fast you provide all needed documents :).

Maximum reimbursement for 1 person for all travel:

Poland: 50 € of the 56 €*

Romania: 300 € of the 309 €*

Bulgaria: 300 € of the 309 €*

Italy: 300 € of the 309 €*

Turkey: 386 € of the 395 €*

* Part of the travel budget will be used to organize your pickups from the train station in Sędziszów to Czarnów. Details will be communicated with partner organizations.

If the travel costs will be bigger the participants will have to cover the additional amount.

Documents

for reimbursement you must collect:

- Plane, bus, or train tickets (**with your name on it if appropriate**);
- Proof of payment: **bank statement** if you paid by bank **or receipt** if you paid by cash
- **Boarding pass - for plane** (make sure you have them on your e-mail as they sometimes disappear from the mobile apps if you didn't make a screen).

All documents (boarding passes, receipts etc.) is best to have in electronic version (let's be eco) so there is no need to print them out. After the mobility You will be asked to send them to us or your sending organization via e-mail. If there is no option for electronic version, then we will ask you for scans.

All participants have to take with them their European Health Insurance Card or equivalent.



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YouthPass

Within the frame of “recognition of non-formal learning”, participants will receive a **Youthpass Certificate** after the mobility. Youthpass is an official recognized tool in order to validate non-formal learning aspects gained during the training. It is important that, before coming to the training course, participants reflect upon what competences they aim to develop by taking the initiative to participate in our training course. For further information, just follow the link: <http://www.youthpass.eu>.

Hope to see you soon!

Want to come? Please contact the sending organization in your country 😊

See you in the mountains! Questions? Reach out to **Fundacja 108** or your local partner:

- **Poland:** Fundacja 108 (+48 600 385 690, lukasz.hoppe@gmail.com)
- **Romania:** ASOCIATIA TODAY SOCIAL SKILLS
- **Bulgaria:** Orenda Foundation
- **Italy:** Over the sea
- **Turkey:** Hatay Egitim ve Genclik Dernegi



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